

GO1BETTER

Go1Better is an internationally accredited provider of Coaching Skills education.

Go1Better provides a 'one stop shop' that supports and guides participants through the accreditation process. This includes **Coach Education, Mentoring, Assessment, and Accountability.**

ACCREDITED COACHING

The International Coaching Federation (ICF) is the **Gold Standard** in coach education. The 8 Core Competencies of coaching have been refined, and the pathways to accreditation updated in line with the current needs of professionals and organisations worldwide.

BLENDED DELIVERY

This 6 month coaching programme uses a blended learning approach to equip managers and leaders with the necessary coaching skills for co-located, virtual, and hybrid working environments.

Delivery can be adapted to meet your business needs. Virtual delivery via zoom runs for 3 hours. In person sessions include half or full day options.



BECOME AN ACCREDITED COACH

Becoming an Internationally accredited coach adds an essential skillset that complements any Management or Leadership position.

Navigating the coaching accreditation process can be challenging. This 6 month programme is specifically designed to support and guide experienced and aspiring coaches through the pathway to accreditation with the International Coaching Federation (ICF).

PATHWAY TO ACCREDITATION



60+ hours Coach Training



10 hours of Mentoring



Coaching Skills Assessment



Become an Internationally Accredited Coach

NEXT INTAKES: SPRING 2023 & AUTUMN 2023

CONTACT

For further information, please contact us:

Email: info@go1better.com

Website: www.go1better.com

PARTICIPANTS

This coaching programme is suitable for experienced and aspiring coaches in the following professional roles:

- Managers
- Leaders
- Entrepreneurs
- Business owners
- Coaches, Consultants, and Trainers

BENEFITS OF COACHING

Develop your coaching approach with like minded people who are seeking a cutting edge skillset for today's working world.

Some benefits of coaching skills:

- Manage and Lead in co-located, virtual, and hybrid environments
- Develop individual and team potential
- Retain and develop talent pipelines
- Future proof your organisation with best practice coaching

COACHING SKILLS

This coaching programme will help you develop a wide range of coaching skills.

Coaching skills will enable you:

- Communicate effectively
- Ask better questions
- Actively listen
- Establish clear goals and expectations
- Understand individual's motivators
- Develop high performing teams